



**PTSD / Schizophrenia (4.28.16)** (Trouble viewing this email? [Click here](#))

**877.334.8512, ext 1**

### How Many Flavors Are There?

That depends on who you ask: this is a prime example of the DSM-5 and ICD-10 codes not correlating exactly, and how that disconnect can create issues for clinicians.

Keep in mind that the [DSM is a guide to picking the right ICD code\(s\)](#). **There aren't 2 separate lists of codes:** the DSM endorses most of the ICD codes and provides guidance on how to diagnose using them.

However, the APA doesn't recognize *all* of the ICD-10 codes: whereas CMS provides eight ICD-10 codes for Schizophrenia, the DSM-5 lists only one. Same deal for PTSD: there are three ICD-10 codes, but only one of those was included in the DSM-5.

ICD-10 CM	Description	DSM-5	Description
F43.10:	PTSD-Unspecified	F43.10	PTSD-Unspecified
F43.11	PTSD-Acute		
F43.12	PTSD-Chronic		

### How Does This Affect You?

#### 1. Denials

Payers track how often clinicians use unspecified codes, which makes sense: they want to make sure that the service they're paying for is supported by a quantifiable, legitimate need. An "unspecified"

diagnosis code doesn't convey that as strongly as a specific one.

Payers are [starting to deny reimbursements](#) for over-use of unspecified codes - but for clinicians who are strictly following the DSM-5, those are the only options they are seeing for PTSD and Schizophrenia.

## 2. Tracking

Because payers take note of how often those code types are used, this also means that clinicians are tracked for future activity. You may not only be dinged on reimbursements, you might also be set up for closer scrutiny (and potentially more denials) going forward.

ICD-10	Description	DSM-5	Description
F20	Schizophrenia	F20.9	Schizophrenia
F20.0	Paranoid Schizophrenia		
F20.1	Disorganized Schizophrenia		
F20.2	Catatonic Schizophrenia		
F20.3	Undifferentiated Schizophrenia		
F20.5	Residual Schizophrenia		
F20.8	Other Schizophrenia		
F20.81	Schizophreniform Disorder		
F20.89	Other Schizophrenia		
F20.9	Schizophrenia, Unspecified		

### How Do You Proceed?

"All practices considered HIPAA Covered Entities (CEs) are required to use ICD-10-CM in a fully compliant manner. That includes using the most accurate diagnosis possible, not only to ensure thorough reimbursement, but also for optimal client care.

Looking ahead, how might provider profiling affect your contracted rates, the contract itself, or your desirability compared to that of your competitor? What is your utilization rate of 'unspecified' diagnoses, EBP, and tracking of consumer satisfaction / valuation?"

Read the [full article](#) - and [explore how Behavioral Health Solutions can help you](#) leverage your current EHR to collect and track this critical performance data.

## Top 10 Myths of HIPAA SRA

As with any new program or regulation,



there may be misinformation making the rounds about Security Risk Analysis (SRA).

Check out our [top 10 list](#) distinguishing fact from fiction.



### What's In It For You?

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To your success!



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you might be mis-diagnosing PTSD and/or Schizophrenia (4.28.16)

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