



**documenting for couples (5.30.16)** (Trouble viewing this email? [Click here](#))

**877.334.8512, ext 1**

### **Documenting Medical Necessity for Couples**

Many couples presenting for couple's therapy do not fit into a billable diagnostic category. "How do I write a treatment plan and session notes -- or bill the insurance company if I don't have a diagnosis?"

I've been getting a version of this question in my workshops, Misery or Mastery; Documenting Medical Necessity ever since I started leading them four years ago.

**Couples don't seek out therapy because they have a diagnosable mental health issue. They come to therapy because they're having marital problems they want to solve.**

What they don't know is that in order to use their insurance, they need a mental health diagnosis.

### **Unique Challenges**

When it comes to billing an insurance company, diagnosing for couple's counseling poses unique problems:

- If "the couple is the client", which person do I use to bill the insurance company?
- What if there is no diagnosis?

Even though "the couple is the client", in order to bill an insurance company, it's necessary to have an identified client who has a mental health diagnosis. Once you meet the couple, you sometimes discover that indeed, at least one does meet criteria that supports an ICD 10

diagnosis. Bill the insurance company under that person.

**Read the full article, by Beth Rontal, [here](#).**



### Happy Memorial Day

We at PIMSY EHR would like to honor Veterans, active duty military, their families, and support personnel.

"Less than 50% of veterans in need receive any treatment." [See how you can help support Veterans Mental Health.](#)



### Remote Practice - Where Are You?

What are the rules and guidelines for practicing **telehealth** - or **telepsychotherapy** - in your own state? What about across state lines?

[Get the scoop...](#)



### PIMSY Lunch + Learn Demo

Want to learn more about PIMSY without the intensity of a private Web demo?

**Join us for a lunch & learn demo webinar tomorrow: Tues, 5.31, 12 - 12:45 PM EST: space is limited, [click here](#) to register.**

To your success!

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