What is Your Biggest Threat to Security?

We have all heard that Healthcare is the most common target for hackers. Why? Because the PHI maintained by the Healthcare Industry contains more personal information than any other targets, such as the Financial Industry and Retail companies (Target stores are a good example). So what is *your* greatest threat and how can you guard against data breaches?

How to Manage Phishing and Ransomware

Other common insider problems are phishing and ransomware where insiders click on dangerous email links.

Today, the "Internet of Things" (iot), which is the use of many different types of devices on the internet, is an ever growing problem. If your employees are using cell phones, laptops, ipads and other devices besides a computer to access your PHI, the insiders need to be specifically trained on ways to prevent unauthorized access.

One of the best solutions on devices is encryption. [Read more...](#)

How to Prevent a Data Breach

According to HITECH Answers, "Healthcare is the only industry in which internal actors [or insiders] are the biggest threat to an organization. Often they are driven by financial gain, such as tax fraud or opening lines of credit with stolen information (48 percent); fun or curiosity in looking up the personal records of celebrities or family members (31 percent); or simply convenience (10 percent)."

Insiders are your employees, including administrative and medical care professionals, who need specific training on HIPAA compliance and constant supervision. [Read more...](#)

Barriers to Care: Eating Disorders

While eating disorders (such an anorexia, bulimia nervosa and binge eating) have the highest mortality rate of any mental illness, only one in ten people suffering from them will seek and receive treatment.

So why aren't more people accessing the help they need? And what can be done to eliminate barriers to their care?

Click here to learn more about the barriers to care for eating disorders.

How Can PIMSY Help You Grow?

> <u>PIMSY Grows *With* You</u>

PIMSY is enterprise-level mental health / substance use software at an affordable price. Unlike many other one-size-fits-all programs, you can choose from among 3 different tiers. **As the practice grows, PIMSY grows *with* you.**

To your success!

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